



## **JULY 2-3, 2025 CONTINUING MEDICAL EDUCATION (CME)**

### **THEME: Promoting Wellness & Global Health: Updates & Emerging Technologies**

The American Academy of Family Physicians (AAFP) has reviewed Promoting Wellness & Global Health: Updates & Emerging Technologies and deemed it acceptable for up to 9.25 In-Person, Live (could include online) AAFP Prescribed credit(s). Term of Approval is from 07/02/2025 to 07/03/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**WEDNESDAY, JULY 2, 2025, 7:30 AM -12:30 PM**

### **SESSION 1: UTILIZATION OF NEW AND EMERGING TECHNOLOGIES**

Ian S. Soriano, MD '97, FACS, FPCS (Hon), FPALES (Hon)  
Associate Professor and Director of Robotic Surgery  
Department of Surgery, University of California, San Francisco

**Topic: Robotic Surgery - Enhancing Outcomes and Access to Minimally Invasive Surgery**

Fareed Moses S. Collado, MD '07, FACC, FSCAI  
Assistant Professor of Medicine

Rush University Medical Center, specializing in Interventional Cardiology and Structural Heart Disease

**Topic: State of the Art Cardiology: Innovations in the Cardiologist's Toolbox**

Aurelio Muyot, MD '89, FACP, AGSF  
Associate Professor and Assistant Dean of Clinical Education  
Touro University Nevada College of Osteopathic Medicine

**Topic: Point of Care Ultrasound (POCUS): Extending the Physical Exam**

Arthur Oliver Romero, MD '00, MSC, FCCP  
Associate Professor of Medicine  
University of Nevada, Las Vegas, Kirk Kerkorian School of Medicine

**Topic: Minimally Invasive Technology: Bridging Gaps in Lung Health Care – An Interventional Pulmonology Update**

Felicitas Lardizabal-Lacbawan, MD '84, FCAP, FACMG  
Research Professor & Executive Director  
Philippine Genome Center, University of the Philippines, Quezon City, Philippines

**Topic: Transforming the Philippine Genome Center: GenomicsPH for Precision Health and Universal Healthcare**



## SESSION 2: GLOBAL HEALTH

Teodoro J. Herbosa, MD '83, FPCS, FPCEP-PCEM  
Secretary of Health, Department of Health, Manila, Philippines

**Keynote Address: Modernizing the Department of Health (DOH) for Health Equity**

Alberto B. Roxas, MD '75, FPCS, FPSCRS  
Medical Director, Manila Doctors Hospital, Manila, Philippines  
Dean, University of the Philippines College of Medicine (2006-2012)  
Chair, Technical Panel for Health Professions Education,  
Commission on Higher Education (CHED), Manila, Philippines

**Topic: Medical Education in the Philippines: Training Doctors for Universal Health Care**

Louisa Messenger, PhD, MSc  
Assistant Professor  
Department of Environmental and Occupational Health  
University of Nevada Las Vegas School of Public Health

**Topic: Between a Bug and a Hard Place: My Experiences Addressing Global Challenges in Controlling Vector-Borne Diseases in a Warming World**

Annette M. David, MD '86, MPH, FACOEM, FPCP  
Senior Partner, Health Partners, LLC, Guam  
Chair, Guam State Epidemiological Outcomes Workgroup

**Topic: A Global Epidemic of Addiction: The Increasing Use of E-cigarettes**

Abraham T. Rasul, Jr., MD '83  
Physiatrist, Physical Medicine & Rehabilitation, Dignity Health San Luis Obispo, California  
Visiting Professor, Department of Rehabilitation Medicine, Philippine General Hospital, University of the Philippines College of Medicine

**Topic : Medicare Portability for Beneficiaries Retiring in the Philippines**



**THURSDAY, JULY 3, 2025, 7:00 AM - 12:30 PM**

**SESSION 3: PROMOTING WELLNESS**

Julie Ann Arellano, MD '05

Psychiatrist and Founder, Creating Space Hearth Studio  
creatinginspacehearthstudio.com

**Topic :Self-Kindness: Essential for Physician and Patient Wellness**

Marga Zarraga, MD '05

Founder, Masterpiece / Dr. Marga Zarraga Physician Coach for Weight Loss  
Primary Care Physician, Clay County Memorial Hospital, Henrietta, TX  
Adjunct Assistant Professor, Family Medicine & Community Health,  
University of Massachusetts Chan Medical School, Worcester, MA

**Topic: Effects of Meditation on Loneliness: A Promising Tool for Physicians and Patients**

Krisinda C. Dim-Jamora, MD '00, FPDS, FACMS, FPACS, FPADSFI

President, Philippine Academy of Cutaneous Surgery  
Makati Medical Center and Medical City, Philippines

**Topic: Bridging the Gap: Early Detection and Management of Dermatologic Lesions in Skin of Color**

Jennifer Marie J. Yang, MD '99, MCHealth&M

Attending Physician, Department of Rehabilitation Medicine  
Philippine General Hospital, University of the Philippines, Manila, Philippines

**Topic: (Please Don't) Break a Leg: An Introduction to Performing Arts Medicine**

Loyd Brendan P. Norella, MD '99, MPH, AMBA, FAAPM

HIV Program Manager, Pilipinas Shell Foundation, Inc. (PSFI), Manila, Philippines

**Topic: No One Left Behind? Status and Updates on Health Services for LGBT and Other Gender-Diverse Communities in the Philippines**

Raymund Sison, MD '05

Director of Medicine, Apicha Community Health Center, New York City

**Topic: All Hands on Deck: An Integrated Primary Care Approach to Address Whole Person Care for Sexual and Gender Minority Individuals**



## SESSION 4: UPDATES ON DISEASES/CONDITIONS & OTHER TOPICS

Conrad Russell Y. Cruz, MD' 03, PhD

Associate Professor of Pediatrics

George Washington University and Children's National Hospital

**Topic: Cell-Based Immunotherapies for Cancer and Opportunistic Infections**

Jose M. David, MD' 83

Clinical Professor, Albany Medical College

Department of Family & Community Medicine, Albany, New York

Chief Medical Officer, Albany Family Medicine, PLLC

**Topic: Understanding Medical Misconduct**

Renato V. Samala, MD' 00, MHPE, FACP, FAAHPM

Associate Professor of Medicine

Cleveland Clinic Lerner College of Medicine, Case Western Reserve University and Department of Palliative and Supportive Care, Taussig Cancer Institute, Cleveland Clinic

**Topic: Palliative Care: Living & Dying Well in the Face of Serious Illness**

Richmond J. Ramirez, MD' 03, FAAFP

Family Medicine Physician, Inspirada Primary Care Clinic, Las Vegas, Nevada

**Topic: The Clinical Role of Lipoprotein (a) and Coronary Artery Score in Clinical Practice**

Dexter T. Estrada, MD' 00

Hematology and Medical Oncology

California Cancer Associates for Research and Excellence, Integrated Oncology Network

**Topic: Growing Your Practice. Lessons Learned In Expanding A Community Practice To Achieve A Broader Geographic Footprint**

Miguel L. de Leon, MD' 75, FACS, FASCRS

Attending in General Surgery, Colon and Rectal Surgery, Virtua Health System

Marlton and Voorhees, New Jersey

**Topic: A Tale of Two Women: Creating Your Legacy Fund Now Can Transform the Future of UPMASA and Health Care in the Philippines**