

Tomorrow's Medicine Today
July 4-5, 2026
The Hyatt San Francisco Embarcadero
San Francisco, California

All Times are in Pacific Standard Time Zone

Saturday, July 4, 2026	
7:00 AM	Registration / Continental Breakfast / Exhibit Hall Bonus Pre-CME Lectures: Updates in the Implementation of the Universal Newborn Hearing Screening in the Philippines <i>Rosario R. Ricalde, M.D.</i> Addressing Newborn Hearing Screening Challenges through the Development of Novel Technologies: A Homegrown Newborn Hearing Screening Device <i>Philip B Fullante, M.D.</i> 1. Describe the latest updates and current challenges in universal newborn hearing screening implement by the Philippine Newborn Hearing Screening Reference Center (NHSRC) 2. Present a novel technology designed by Filipinos in collaboration with experts from the University of California Berkley and University of California San Francisco to address the challenges in a resource-challenged environment
7:45	Introduction / Pre-Test
	Moderator: George G.A. Pujalte, M.D. Session 1: Revolutionizing Care: Innovations in Diagnostic and Therapeutic Technologies
8:00	Breaking Barriers: Portable HIV Resistance Testing for Every Corner of the Philippines <i>Edsel Maurice T. Salvana, M.D.</i> 1. Describe recent innovations in diagnostic and therapeutic technologies that are transforming healthcare delivery, with a focus on how portable HIV resistance testing can expand access and improve outcomes in resource-limited settings. 2. Analyze the challenges and opportunities involved in implementing cutting-edge technologies, such as portable diagnostic tools, to overcome geographic, economic, and healthcare system barriers in the Philippines and similar regions.
8:20	From Cradle to Community: Then Future of Preventative Pediatric Medicine <i>Kariktan Cruz, M.D. and Angelica Tomas, M.D.</i> 1. Identify emerging diagnostic tools for ADHD, including digital biomarkers, AI-based cognitive testing, and wearable/remote monitoring platforms.

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	<p>2. Evaluate novel therapeutic technologies, such as digital therapeutics, neurofeedback, and personalized medicine, and how they complement or extend beyond pharmacologic treatment.</p>
8:40	<p>Targeted Tomorrow: Research-Driven Innovations Transforming Diagnostics, Therapy, and Precision Medicine</p> <p><i>Anna K.P. Serquina, M.D., Ph.D.</i></p> <p>1. Describe how research-driven innovations in diagnostic and therapeutic technologies are revolutionizing patient care and advancing the field of precision medicine.</p> <p>2. Evaluate the impact of emerging technologies on the future of diagnostics and therapy, with an emphasis on how targeted, research-based approaches are shaping more personalized and effective treatments.</p>
9:00	<p>The New Rx Revolution: Rethinking Weight, Wellness, and Chronic Disease with GLP-1 Therapies</p> <p><i>Kenneth L. Ligaray, M.D.</i></p> <p>1. Discuss how innovations in diagnostic and therapeutic technologies are reshaping approaches to chronic disease management, including the emerging role of GLP-1 therapies in promoting weight loss and wellness.</p> <p>2. Analyze the impact of novel therapeutic strategies, such as GLP-1 receptor agonists, within the broader context of revolutionizing care for obesity, diabetes, and other chronic conditions.</p>
9:20	<p>Wired for Wellness: The New Era of Continuous Glucose Monitoring and Virtual Care</p> <p><i>Remberto C. Paulo, Jr., M.D.</i></p> <p>1. Describe how innovations in diagnostic and therapeutic technologies, such as continuous glucose monitoring and virtual care platforms, are transforming chronic disease management and preventive health.</p> <p>2. Evaluate the opportunities and challenges of integrating continuous monitoring technologies and virtual care models into clinical practice to enhance patient engagement, outcomes, and access to care.</p>
9:40	Q&A Panel
10:00	Exhibit Hall / Break
Moderator: Jennifer Co-Vu, M.D. Session 2: Shaping Health Ahead: The Future of Preventive and	

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Personalized Medicine

10:30	<p>Mind, Meals, and Movement: Redefining Geriatric Care Through Personalization</p> <p><i>Diana J. Galindo, M.D.</i></p> <p>1. Explain how advances in preventive and personalized medicine are reshaping approaches to geriatric care, particularly through targeted strategies addressing mental health, nutrition, and physical activity.</p> <p>2. Analyze the role of individualized care plans in promoting healthier aging, optimizing functional status, and enhancing quality of life for older adults.</p>
10:50	<p>From Treatment to Transformation: HIV Cure Research as a Model for the Future of Preventive and Personalized Medicine</p> <p><i>Allan Tenorio, MD</i></p> <p>1. Examine the evolution of HIV care from antiretroviral therapy to current remission and cure strategies, and identify how these advances exemplify the transition toward preventive and personalized medicine.</p> <p>2. Analyze translational research approaches in HIV cure, such as gene editing, immune modulation, and precision targeting, and evaluate their broader implications for developing individualized treatments across diverse disease states.</p>
11:10	<p>Beyond the Stethoscope: Pranic Healing and Mindfulness in Contemporary Medicine</p> <p><i>Glenn Mendoza, M.D.</i></p> <p>1. Attendees will be able to explain the basic principles of pranic healing and mindfulness, and discuss how these practices align with holistic approaches to patient care and physician well-being.</p> <p>2. Attendees will learn to incorporate mindfulness strategies into their daily routines and clinical interactions, fostering emotional resilience, empathy, and improved focus during patient care and academic training.</p>
11:30	<p>The Thinking Machine: AI and the Future of Personalized Pulmonary Care</p> <p><i>Jonathan T.A. Castro, M.D.</i></p> <p>1. Describe how advances in preventive and personalized medicine, including the application of artificial intelligence, are shaping the future of pulmonary care.</p> <p>2. Analyze the potential of AI-driven tools to enhance early detection, risk prediction, and individualized treatment strategies in respiratory health.</p>
11:50	Q&A Panel

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12:10 PM	Lunch / Exhibit Hall / Adjourn General Session
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Sunday, July 5, 2026	
6:30 AM	Mass
7:30	Continental Breakfast / Exhibit Hall
7:45	Introduction
<p>Moderator: George G.A. Pujalte, M.D.</p> <p>Session 3: Reimagining Healthcare Delivery and Access: Building a Smarter, Fairer Future</p>	
8:00	<p>Advances in Congenital Heart Defect Care: Expanding Access and Enhancing Outcomes</p> <p><i>Ernerio T. Alboliras, M.D.</i></p> <p>1. Discuss strategies for reimagining healthcare delivery to expand access, reduce disparities, and improve outcomes, with a focus on advances in congenital heart defect care.</p> <p>2. Analyze how innovations in care models and technology can enhance early diagnosis, treatment, and long-term management of congenital heart defects across diverse and underserved populations.</p>
8:20	<p>Opening Pathways: Expanding Access to Curative Therapies for Neuropathies and Peripheral Nerve Disorders</p> <p><i>Eric E. Floranda, M.D.</i></p> <p>1. Review recent advances in curative therapies for neuropathies and peripheral nerve disorders, and explain their clinical implications for patient care.</p> <p>2. Evaluate strategies to expand patient access to these therapies, particularly in resource-limited or underserved healthcare settings.</p>
8:40	<p>Algorithms and Outreach: Reimagining Psychiatric Access Through Technology</p> <p><i>Katherine M. Napalinga, M.D.</i></p> <p>1. Describe strategies for building a smarter, fairer healthcare system by leveraging technology to expand access to psychiatric care and mental health services.</p> <p>2. Analyze the role of algorithms, digital tools, and outreach initiatives in reimagining healthcare delivery models to reduce disparities and improve mental health outcomes.</p>

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9:00	Health Where It Happens: The Impact of Social Determinants on Care Delivery and Outcomes <i>Donnaville Ortiz-Zaballa, M.D.</i> 1. Explain how reimagining healthcare delivery requires addressing social determinants of health to build a smarter, fairer, and more equitable system. 2. Analyze the impact of social, economic, and environmental factors on healthcare access, delivery, and patient outcomes, and explore strategies to integrate these insights into system-wide reforms.
9:20	Q&A Panel
9:40	Exhibit Hall / Break
<p>Moderator: Jennifer Co-Vu, M.D.</p> <p>Session 4: Educating the Next Generation of Healthcare Leaders: Cultivating Vision, Innovation, and Impact</p>	
10:00	Building Sustainable Medical Missions for Today and Tomorrow: Lessons from Operation Braveheart <i>Jonas Del Rosario, MD</i> 1. Describe key principles for designing and sustaining ethical, high-impact medical missions, using lessons learned from <i>Operation Braveheart</i> to address long-term capacity building, local partnerships, and continuity of care. 2. Apply practical strategies to build resilient, future-ready medical mission programs, including workforce development, resource stewardship, and outcome measurement, to ensure adaptability and sustainability in evolving global health environments.
10:20	Scalpels and Stewardship: Leadership in Filipino Surgical and Healthcare Training <i>Dione A. Parreño-Sacdalán, M.D.</i> 1. Describe key principles in cultivating vision, innovation, and impact among the next generation of healthcare leaders, with a focus on leadership development in Filipino surgical and healthcare training. 2. Analyze how leadership, mentorship, and stewardship can shape the future of surgical education and healthcare delivery in the Philippines and beyond.
10:40	Lighting the Path: Mentorship and Teaching for a Broader Impact in Infectious Diseases <i>Bernard Jonas Macatangay, M.D.</i>

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	<p>1. Describe strategies for cultivating vision, innovation, and leadership among the next generation of healthcare professionals, with an emphasis on mentorship and teaching in the field of infectious diseases.</p> <p>2. Analyze how effective mentorship and education can amplify leadership development and broaden the impact of future healthcare leaders in infectious disease care and beyond.</p>
11:00	<p>Beyond the Nephron: Cultivating Future Healthcare Leaders Through Vision, Innovation, and Mentorship</p> <p><i>Brian Michael I. Cabral, M.D.</i></p> <p>1. Explore strategies to engage and inspire Gen Z medical trainees by leveraging nephrology's complex systems and emerging technologies as models for cultivating vision and innovation in healthcare leadership.</p> <p>2. Evaluate the role of mentorship and educational innovation in shaping the next generation of healthcare leaders, with emphasis on fostering impact that extends beyond specialty boundaries.</p>
11:20	<p>Gen Z in the Lecture Hall: Strategies for Teaching, Engaging, and Inspiring the Digital Generation in Medical School</p> <p><i>Maribel Amante-Aurelio, M.D.</i></p> <p>1. Identify key characteristics, values, and learning preferences of Generation Z that influence their engagement in medical education.</p> <p>2. Apply evidence-based strategies to effectively teach, motivate, and connect with Gen Z learners in the medical school setting.</p>
11:40	Q&A Panel
12 PM	Lunch / Exhibit Hall / Adjourn General Session